Resource List

Food Pantries and Food Assistance Programs

A Place to Turn - Framingham
Acton Community Supper and Food Pantry - Acton
Ashland Emergency Fund, Inc. - Ashland
Boston Area Gleaners - Waltham
Centre Street Food Pantry - Waltham
Community Day Center of Waltham - Waltham
Cooperative Elder Services, Inc. - Concord
Daily Bread Food Pantry, Inc. - Milford
Daniel's Table - Framingham
Dedham Food Pantry - Dedham
Edward M. Kennedy Community Health Center - Framingham
Food Link, Inc. - Lexington
Framingham State University - Framingham
Gaining Ground - Concord
Health and Social Services Consortium Inc - Dedham
Healthy Waltham - Waltham
Hockomock YMCA - Milford
HOPEworldwide Food Bank - Framingham
Hudson Community Food Pantry - Hudson
Jewish Family Service of MW - Framingham
Land's Sake - Weston
Lexington Community Farm Coalition - Waltham
Massachusetts Bay Community College - Framingham
Maynard Food Pantry, Inc - Maynard
Medfield Food Cupboard - Medfield
Medway Village Church Food Pantry - Medway
MetroWest YMCA - Framingham
Middlesex Human Service Agency, Inc. - Waltham

Minuteman Senior Services - Lexington
Mt Calvary Community Supper - Acton
Natick Community Organic Farm Inc. - Natick
Natick Service Council, Inc. - Natick
Needham Community Council - Needham
Needham Community Farm, Inc. - Needham
One Family, Inc - Framingham
Open Table - Maynard
Project Just Because, Inc. - Hopkinton
Springwell - Wellesley
Stearns Farm CSA - Framingham
Stow Food Pantry - Stow
SvdP St. Joseph Conference - Lincoln
The Food Project - Acton
The Gluten-Free Food Bank,
Part of the National Celiac Association
The Parmenter Foundation - Wayland
The Salvation Army - Framingham
The Salvation Army - Milford
The Salvation Army - Waltham
Trinity Episcopal Church - Milford
United Way of Tri-County Marlborough Community Cupboard - Marlborough
United Way of Tri-County Pearl Street Cupboard and Cafe - Framingham
Waltham Boys & Girls Club - Waltham
Waltham Fields Community Farm - Waltham
Westborough Food Pantry - Westborough
Weston Council on Aging - Weston
Westwood Council on Aging - Westwood

Please visit an organization’s website to find out more about their hours of operations and the other communities they may serve. To find other food pantries or food assistance programs in your area, contact Project Bread’s FoodSource Hotline.
Rental and Utility Assistance

- Catholic Charities Worcester County – Milford – rental and utility assistance.
- Jewish Family & Children’s Service – Waltham – utility assistance.
- Jewish Family Services MetroWest – Framingham – utility assistance.
- Natick Service Council – Natick – rental and utility assistance.
- SMOC – Framingham – rental and utility assistance.
- The Salvation Army – Framingham, Waltham, Milford – rental and utility assistance.
- You may also considering applying for Massachusetts’ RAFT program.

Basic Hygiene Products and Households Items

- A Place to Turn – Natick
- Circle of Hope – Needham – specifically serving homeless shelters and clinics.
- Dignity Matters – Natick – specifically feminine hygiene products.
- Hope and Comfort – Needham
- MetroWest YMCA – Framingham
- SMOC – Framingham – specifically for individuals and families in homeless situations.

Legal Support

- Community Legal Aid – Milford – provides free civil legal services to low-income and elderly residents.
- MetroWest Legal Services – Framingham – supports clients in areas such as housing, immigration, and workers’ rights.
- The Massachusetts Attorney General’s Office put together this resource guide to help you know your rights during the COVID-19 emergency.

Federal Assistance Programs

- Apply for SNAP Benefits (Food Stamps) – The Latino Health Insurance Program and Project Bread’s FoodSource Hotline can help you apply.
- Apply for the Women, Infants, and Children (WIC) Nutrition Program – The Latino Health Insurance Program can help you apply, and SMOC has WIC offices in Framingham, Waltham, and Marlborough.
- Apply for LIHEAP (Energy Assistance) – SMOC’s Fuel Assistance Program can help you apply.
- Apply for Unemployment - The MA Department of Unemployment Assistance created this helpful guide.
Mental Health Support

- **Advocates** – Framingham
- **Families for Depression Awareness** - Waltham – provides support services to those with loved ones experiencing depression or bi-polar disorder.
- **Human Relations Service** – Wellesley
- **Jeff’s Place Bereavement Center** – Framingham – providing bereavement and support services for children and their families.
- **Reach Beyond Domestic Violence** - Framingham – providing support services, including therapy, to survivors of domestic violence and their families.
- **National Alliance on Mental Illness (NAMI) MetroWest** – Marlborough
- **SMOC** - Framingham
- If you are looking for other resources or supports, NAMI’s COVID-19 Resource and Information Guide has a list of tools and resources organized based on how COVID-19 has impacted you. Also, their COMPASS Helpline is a resource and information helpline that helps people navigate the complex mental health system and problem solve difficult situations.

Emergency Childcare Programs

- **MetroWest YMCA** - Framingham
- **YMCA of Greater Boston** – Waltham Branch
- If you are looking for other emergency childcare locations, the Massachusetts Department of Early Education and Care has a search feature as well as an interactive map to locate programs near you.

If you are interested in learning more about how to get tested for COVID-19, click here.