

Resource List

Food Pantries and Food Assistance Programs

- [A Place to Turn](#) - Framingham
[Acton Community Supper and Food Pantry](#) - Acton
[Ashland Emergency Fund, Inc.](#) - Ashland
[Boston Area Gleaners](#) - Waltham
[Centre Street Food Pantry](#) - Waltham
[Community Day Center of Waltham](#) - Waltham
[Cooperative Elder Services, Inc.](#) - Concord
Daily Bread Food Pantry, Inc. - Milford
[Daniel's Table](#) - Framingham
[Dedham Food Pantry](#) - Dedham
[Edward M. Kennedy Community Health Center](#) - Framingham
[Food Link, Inc.](#) - Lexington
[Framingham State University](#) - Framingham
[Gaining Ground](#) - Concord

[Health and Social Services Consortium Inc](#) - Dedham

[Healthy Waltham](#) - Waltham
[Hockomock YMCA](#) - Milford
[HOPEworldwide Food Bank](#) - Framingham
[Hudson Community Food Pantry](#) - Hudson
[Jewish Family Service of MW](#) - Framingham

[Land's Sake](#) - Weston

[Lexington Community Farm Coalition](#) - Waltham

[Massachusetts Bay Community College](#) - Framingham
[Maynard Food Pantry, Inc](#) - Maynard
[Medfield Food Cupboard](#) - Medfield
[Medway Village Church Food Pantry](#) - Medway
[MetroWest YMCA](#) - Framingham
[Middlesex Human Service Agency, Inc.](#) - Waltham

[Minuteman Senior Services](#) - Lexington
[Mt Calvary Community Supper](#) - Acton
[Natick Community Organic Farm Inc.](#) - Natick
[Natick Service Council, Inc.](#) - Natick
[Needham Community Council](#) - Needham
[Needham Community Farm, Inc.](#) - Needham
[One Family, Inc](#) - Framingham
[Open Table](#) - Maynard
[Project Just Because, Inc.](#) - Hopkinton
[Springwell](#) - Wellesley

[Stearns Farm CSA](#) - Framingham

[Stow Food Pantry](#) - Stow
[SVdP St. Joseph Conference](#) - Lincoln
[The Food Project](#) - Acton
[The Gluten-Free Food Bank, Part of the National Celiac Association](#)
[The Parmenter Foundation](#) - Wayland
[The Salvation Army](#) - Framingham
[The Salvation Army](#) - Milford
[The Salvation Army](#) - Waltham
[Trinity Episcopal Church](#) - Milford
[United Way of Tri-County Marlborough Community Cupboard](#) - Marlborough
[United Way of Tri-County Pearl Street Cupboard and Cafe](#) - Framingham
[Waltham Boys & Girls Club](#) - Waltham
[Waltham Fields Community Farm](#) - Waltham
[Westborough Food Pantry](#) - Westborough
[Weston Council on Aging](#) - Weston
[Westwood Council on Aging](#) - Westwood

Please visit an organization's website to find out more about their hours of operations and the other communities they may serve. To find other food pantries or food assistance programs in your area, contact Project Bread's [FoodSource Hotline](#).

Rental and Utility Assistance

- [Catholic Charities Worcester County](#) – Milford – rental and utility assistance.
- [Jewish Family & Children’s Service](#) – Waltham – utility assistance.
- [Jewish Family Services MetroWest](#) – Framingham – utility assistance.
- [Natick Service Council](#) – Natick – rental and utility assistance.
- [SMOC](#) – Framingham – rental and utility assistance.
- [The Salvation Army](#) – Framingham, Waltham, Milford – rental and utility assistance
- You may also considering applying for Massachusetts’ [RAFT program](#).

Basic Hygiene Products and Households Items

- [A Place to Turn](#) – Natick
- [Circle of Hope](#) – Needham – specifically serving homeless shelters and clinics.
- [Dignity Matters](#) – Natick – specifically feminine hygiene products.
- [Hope and Comfort](#) - Needham
- [MetroWest YMCA](#) – Framingham
- [SMOC](#) - Framingham– specifically for individuals and families in homeless situations.

Legal Support

- [Community Legal Aid](#) – Milford – provides free civil legal services to low-income and elderly residents.
- [MetroWest Legal Services](#) – Framingham -supports clients in areas such as housing, immigration, and workers’ rights.
- The Massachusetts Attorney General’s Office put together [this resource guide](#) to help you know your rights during the COVID-19 emergency.

Federal Assistance Programs

- [Apply for SNAP Benefits \(Food Stamps\)](#) – The [Latino Health Insurance Program](#) and Project Bread’s [FoodSource Hotline](#) can help you apply.
- [Apply for the Women, Infants, and Children \(WIC\) Nutrition Program](#) – The [Latino Health Insurance Program](#) can help you apply, and [SMOC](#) has WIC offices in Framingham, Waltham, and Marlborough.
- [Apply for LIHEAP \(Energy Assistance\)](#) – SMOC’s [Fuel Assistance Program](#) can help you apply.
- [Apply for MassHealth](#) – The [MassHealth Customer Service Center](#) and the [Latino Health Insurance Program](#) can assist you.
- [Apply for Unemployment](#) - The MA Department of Unemployment Assistance created this [helpful guide](#).

Mental Health Support

- [Advocates](#) – Framingham
- [Families for Depression Awareness](#)- Waltham – provides support services to those with loved ones experiencing depression or bi-polar disorder.
- [Human Relations Service](#) – Wellesley
- [Jeff's Place Bereavement Center](#) – Framingham – providing bereavement and support services for children and their families.
- [Reach Beyond Domestic Violence](#) - Framingham – providing support services, including therapy, to survivors of domestic violence and their families.
- [National Alliance on Mental Illness \(NAMI\) MetroWest](#) – Marlborough
- [SMOC](#) - Framingham
- If you are looking for other resources or supports, NAMI's [COVID-19 Resource and Information Guide](#) has a list of tools and resources organized based on how COVID-19 has impacted you. Also, their [COMPASS Helpline](#) is a resource and information helpline that helps people navigate the complex mental health system and problem solve difficult situations.

Emergency Childcare Programs

- [MetroWest YMCA](#) - Framingham
- [YMCA of Greater Boston](#) – Waltham Branch
- If you are looking for other emergency childcare locations, the Massachusetts Department of Early Education and Care has a [search feature](#) as well as an [interactive map](#) to locate programs near you.

If you are interested in learning more about how to get tested for COVID-19, click [here](#).